COVID-19 Positive Patient Guidelines

The Memphis Medical Society

Care guidelines of triage through release for suspected COVID-19 patients

TRIAGE & ASSESSMENT

Does the patient display COVID-19 symptoms? Fever, cough, shortness of breath of difficulty breathing.

If patient is not in a high-risk group and test results will not inform care, be mindful of test shortages, and advise patient that a test is not needed.

If patient is in a high-risk group, testing is appropriate. Patient must call ahead! Click here or call 833-943-1658 for sites.

After receiving positive test

Patient must be isolated while awaiting test results.

Patient must be isolated for a minimum of 14 days after testing.

Household contacts must remain quarantined for 14 days after the patient has been afebrile and is feeling well.

Only if household contacts develop symptoms should they be tested.

COVID-19 is a reportable disease, and must be reported to the health department. 833-943-1658

When should isolation end?

Patient can be released from isolation after afebrile and feeling well (without fever-reducing medication) for at least 72 hours, after initial 14-day isolation.

Household contacts will remain at home after the patient is released due to differing start days of the 14-day requirement.

A negative COVID-19 test can be performed, but it is not required due to test availability.

Click here for a case example.

Quick Links

Center for Disease Control

Shelby County Health Department

Memphis Medical Society

Does your clinic need PPE? Click here.

Do you need masking guidelines? Click here

Do you need coding support? Click here

Reminders

If a positive COVID-19 test would not change the patient’s care plan (home isolation for 14 days), a test is not needed.

Only people who exhibit symptoms should be tested.
Don’t have a doctor?
Click here to find one.