

Important Medical Information  
Compliments of The Memphis Medical Society

The Memphis Medical Society members are aware that communication among your different doctors can be a problem. You can help by keeping your own short record that you take with you to your different medical visits. Keep it simple. One page is recommended. List your medications, the dose and the reason you are taking each medicine, even vitamins. List an emergency contact, your doctors and their contact information and your pharmacy name, address and phone number. You can add a list of your medical diagnoses and allergies if you have room, but most of your doctors will have a form for other information that they want, symptoms, allergies, surgeries, insurance, etc.

Name	Address	City	State	Phone

Emergency Contact Name	Relationship	Phone

No.	Medication	Dosage (mg)	Number of times taken daily	Reason for taking
1	<i>EXAMPLE:</i> Provacid	30 mg	once at bedtime	acid reflux
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				

Physicians you are currently / have recently (in the last two years) seen:

No.	Physician Name	Specialty	Address	Phone
1	<i>EXAMPLE:</i> Bill Smith, MD	Internal Medicine	6005 Park Ave, Ste 222 Memphis TN	761-0002
2				
3				
4				
5				
6				
7				
8				
9				
10				

Allergies				
1				
2				
3				
4				

Pharmacy	Address	City	State	Phone